

Wisconsin Laborers

Participate in a Biometric Screening in 2026 and earn a gift card!

Your Biometric Screening Will Include

- Lipid Panel
- Glucose
- Blood Pressure
- Height
- Weight
- BMI
- Waist Circumference

Register Today!

1. Log into the **MemberXg portal** or visit <https://liunawisconsin.org/benefits> and click on **Marquee Health**.
2. Scroll down the homepage to the **Biometric Screenings** tile and select **Learn More**.
3. Under the **Schedule Your Screening** section, select **Register**. Click to Select under your preferred offsite screening option – **Onsite or Physician Screening**.
 - To test at an onsite event, choose the location, date, and time you would like to complete your onsite screening. Click **I Agree** to the health screening consent, e-sign your name and click **Continue**.
 - To test with your physician, and to access your required physician screening form, click **I Agree** to the health screening consent, e-sign your name and click **Continue**. You will have the opportunity to download the form and an email will be sent with the form as well. **Please print and bring it to your appointment.**
4. After your screening appointment or you submit your Physician Screening Form, you will receive an email within 10 business days notifying you that your results are available within the portal. Once received, please log into **MemberXg**, click on **Marquee Health**, scroll down to the **Biometric Screenings** tile and select view results.

Healthy Outcome Metrics:

- Glucose Non-Fasting < 200
- Systolic Blood Pressure ≤ 140
- Diastolic Blood Pressure ≤ 90
- Total Cholesterol < 200 OR Total Cholesterol/HDL Ratio ≤ 5 (Men) ≤ 4.4 (Women)
- BMI ≤ 27.5 OR Body Fat % ≤ 24.9 (Men) ≤ 35.9 (Women)



QUESTIONS?

Contact Marquee Health at 800.882.2109
or info@mywellportal.com for more information.

