

LIUNA!

WISCONSIN LABORERS' HEALTH FUND

Feel the Power



**READY TO FEEL BETTER
PHYSICALLY AND EMOTIONALLY?**

Learn how new Fund benefits can help ➡

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WISCONSIN LABORERS' HEALTH FUND
Feel the Power

More resources to help you take charge of your health

Dear Active Members and Non-Medicare-Eligible Retirees,

We're pleased to announce that you and your covered dependents will have access to these new and improved programs to help support your physical and emotional health in 2026:

- » A new Employee Assistance Program (EAP) administered by Spring Health
- » A peer support program through Laborers Escaping Adversity Now (LEAN) to help overcome mental health issues, substance use, and other types of adversity
- » Medical case management through Telligen to help navigate complex or difficult medical diagnoses
- » Access to discounted GLP-1 weight loss medications through Teladoc Health

We're confident these programs can improve your and your dependents' well-being and lead to better health outcomes.

Also enclosed are reminders about the new out-of-network medical deductible and the new requirement to call and precertify emergency room (ER) visits (except in the event of a life-threatening emergency). These changes are designed to help the Fund manage ever-increasing medical costs and ensure the financial stability of the Fund for years to come.

If you have questions about the enclosed information, please contact the Fund Office at **608-842-9101**.

Sincerely,

Your Wisconsin Laborers' Health Fund
Board of Trustees



A better EAP experience through Spring Health

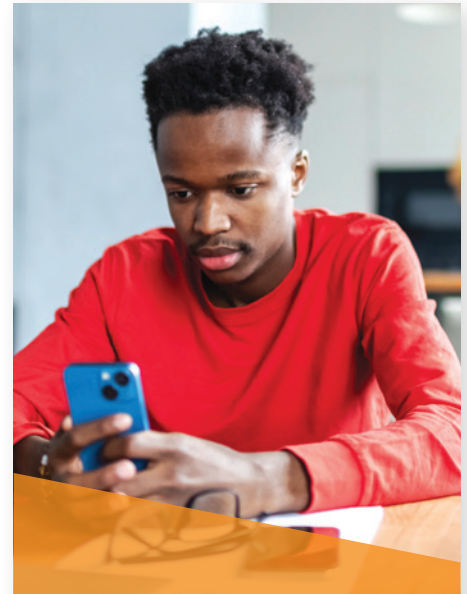
Effective January 1, 2026, Spring Health will replace Anthem as the administrator of our Employee Assistance Program (EAP), providing confidential and proven mental health support for anxiety, stress, depression, burnout, sleep disorders, and more. With Spring Health, you and your covered dependents will have access to support at no cost to you, including:

- » 6 therapy sessions (up to 2 of which can be used for medication management)
- » 6 coaching sessions
- » Access to an app offering self-guided meditation exercises and videos

Therapists can help you **feel** better, while coaches can help you **do** better by helping you set and achieve personal goals, build new skills and healthier habits, and achieve balance. Ultimately, this combined counseling support can bolster your mental health and overall wellness.

Spring Health offers:

- » Free mental health support for you and your covered dependents
- » Appointments within 24 hours
- » Personalized support with precision-fit matching so you get connected to a provider that's right for you
- » 24/7/365 crisis support



Get started today

Connect with Spring Health and download their app:

liunawisconsin.springhealth.com

855-629-0554

General support:
M-F, 7 a.m. to 10 p.m. CT

Crisis support: 24/7 (press 2)

Discounted GLP-1 weight loss medications through Teladoc



As of October 1, 2025, you and your covered dependents can receive GLP-1 medications at a discount through Teladoc. If your Teladoc provider prescribes a GLP-1 medication, you'll pay the lowest possible cost for the medication through LillyDirect while also receiving medication management and holistic support from your dedicated Teladoc team.

To learn more, connect with Teladoc in any of three ways:

1. Visit liunawisconsin.org/benefits and select **LOG IN** to access the MemberXG portal. Then, select **Teladoc**.
2. Call member support at **800-835-2362**.
3. Download the Teladoc Health app from the App Store or Google Play.

If required, use registration code **WILABORERS**.

New program provides peer support for substance use and mental health disorders

Did you know that construction workers suffer from substance use disorders at almost twice the rate as the general population? That's why, beginning in early 2026, you and your covered dependents will have access to a new, innovative program offering peer support and mental health resources to help overcome substance use.

The program, **Laborers Escaping Adversity Now (LEAN)**, is a peer support program designed by laborers for laborers. The goal of the program is to connect members and their families with help when they need it most, including:

- » Peer support and personalized guidance from a laborer who has personal experience with substance use recovery and has been trained to connect you and your dependents with support

- » Help navigating the health care system so you get the support you need for long-term success
- » Support getting connected to local and national mental health and substance use resources

The program recognizes that you are often more willing to reach out for help when the person supporting you can personally identify with the issues you're facing.



Watch your mail for more information

Case management — a new way to get the care you need

Beginning January 1, 2026, you and your covered dependents will have access to case management support through Telligen. If you experience a catastrophic medical situation, such as a heart attack, traumatic injury, or high-need behavioral health condition, Telligen's case managers can help coordinate your or your dependent's care.



Get support for:

- » Catastrophic care
- » Oncology
- » Transplants
- » Specialty medications
- » Medical and behavioral health transitional care
- » Behavioral health

You'll work with nurses, behavioral health professionals, and diabetic educators to help you understand your condition and coordinate the care you need so you receive high-quality care while managing your costs.

Support available beginning January 1

Connect with Telligen by calling **888-348-9330**.

Important benefit reminders for 2026

These changes are effective January 1, 2026.

Call BEFORE you go to the emergency room

Your emergency room (ER) visit deductible will increase to \$300 (from \$100) beginning January 1, 2026. Before you or a dependent goes to an ER for care, contact LiveHealth Online. If LiveHealth Online confirms that you should go to the ER, your deductible will be waived — even if you're not admitted as an inpatient. Your deductible will also be waived if you're admitted to the hospital for at least one day within three days of your ER visit.

Unconscious or can't breathe? Yes, those are true emergencies, and you should seek immediate emergency care. But other acute symptoms may be treated outside of an emergency room — either virtually or in person at an urgent care facility — at a lower cost to you and the Fund.

First things first: Make the call

Unless you're experiencing a true emergency, before going to the ER, call LiveHealth Online at **888-548-3432** or visit livehealthonline.com to confirm where you should go for care.



New out-of-network medical deductible

To encourage the use of in-network providers, you'll pay a new, higher annual medical deductible when you receive care from an out-of-network provider. Previously, you paid one annual medical deductible for both in- and out-of-network services.

Your 2026 medical deductibles:

- » In-network: \$300 single coverage/\$600 family coverage
- » Out-of-network: \$600 single coverage/\$1,200 family coverage

The deductible is the amount you pay for eligible out-of-network expenses before the Fund begins to pay benefits. The family deductible is the combined amount you pay for yourself and your covered dependents before the Fund pays benefits. Amounts you pay toward the out-of-network deductible will not count toward the in-network deductible, and vice versa.



When you receive in-network care, you save money. Whenever possible, schedule care with in-network providers. To find out if your provider is a member of the Anthem PPO network, call the phone number on your ID card, or ask your provider when you call to schedule an appointment.

Contacts



Case management

(for complicated medical conditions)

Telligen

888-348-9330 (available January 1)

telligenconnect.com/wi-laborers



ER precertification

LiveHealth Online

888-548-3432

livehealthonline.com



Condition management

(for chronic conditions)

Teladoc Health

800-835-2362

Visit liunawisconsin.org/benefits and select **LOG IN** to access the MemberXG portal. Then, select **Teladoc**.



Health screenings

eHealthScreenings

888-708-8807

help@ehealthscreenings.com

Visit liunawisconsin.org/benefits and select **LOG IN** to access the MemberXG portal. Then, select **eHealthScreenings**.



Employee Assistance Program (EAP)

Spring Health

855-629-0554

liunawisconsin.springhealth.com



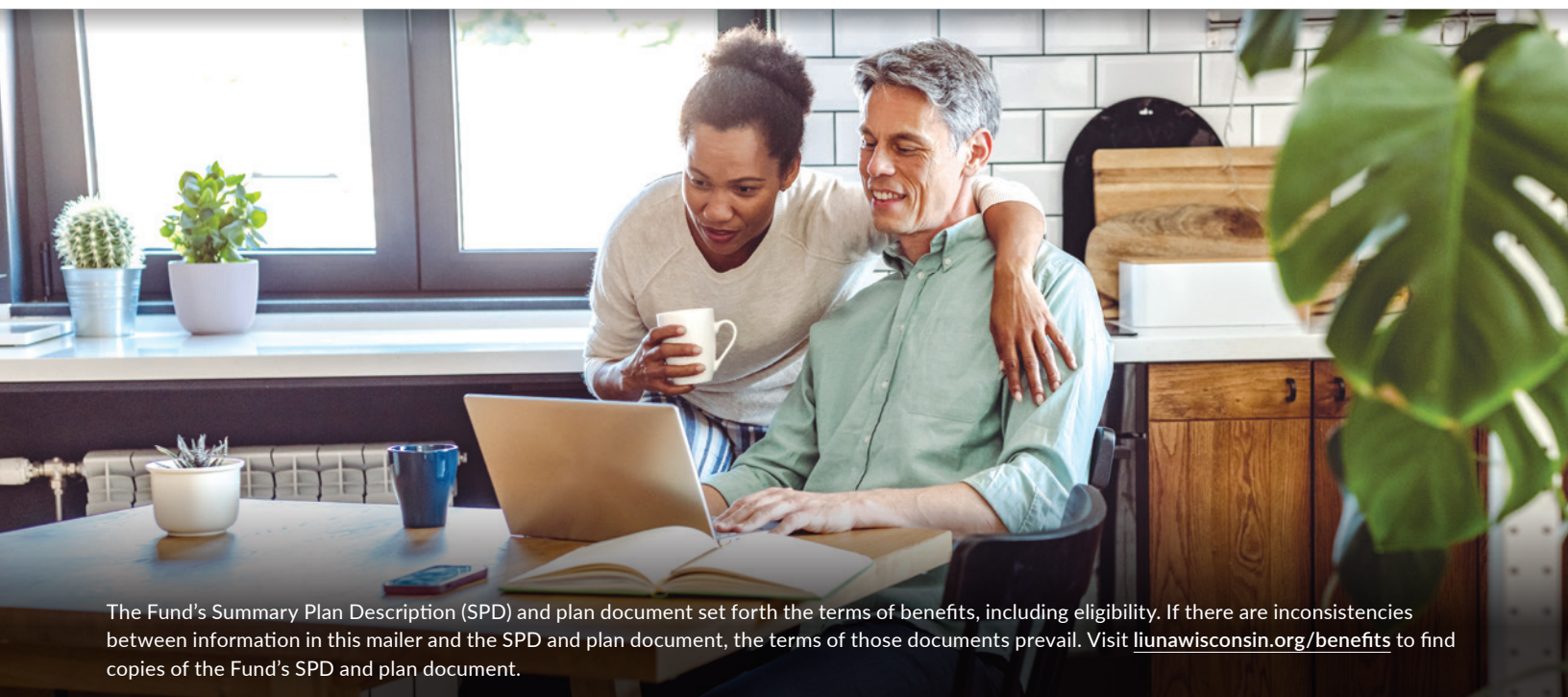
Health coaching

Marquee Health

800-882-2109

info@mywellportal.com

Visit liunawisconsin.org/benefits and select **LOG IN** to access the MemberXG portal. Then, select **Marquee Health**.



The Fund's Summary Plan Description (SPD) and plan document set forth the terms of benefits, including eligibility. If there are inconsistencies between information in this mailer and the SPD and plan document, the terms of those documents prevail. Visit liunawisconsin.org/benefits to find copies of the Fund's SPD and plan document.