

Discover Your Health Status and Kickstart Wellness in 2025

Employees and spouses on the medical plan who participated in biometric health screenings can now view their health status and see if they met all five Healthy Outcome metrics. **Starting January 1, 2025**, take charge of your wellness journey with our free and comprehensive employee wellness program. Align your goals, stay motivated, and redefine what health and wellness mean to you while celebrating every success along the way!

How Do I Get Started?

Participants will log into the MemberXg Portal at <u>liunawisconsin.org/benefits</u> and then click on 'Wellness Page'





2025 Screening Schedule

February 11, 2025

1:30 pm - 7:00 pm | Local 113 Union Hall 6310 W Appleton Ave, Milwaukee WI 53210

February 12, 2025

2:30 pm - 6:30 pm | Local 464 Union Hall 1438 N Stoughton Rd, Madison WI 53714

March 18, 2025

2:30 pm - 6:30 pm | Green Bay Labor Temple Association 1570 Elizabeth St, Green Bay WI 54302

March 19, 2025

3:00 pm - 7:00 pm | Silver Creek Fire Dept. 1822 Silver Creek Rd, Manitowoc WI 54220

April 15, 2025

2:30 pm - 6:30 pm | Local 464 Union Hall 1438 N Stoughton Rd, Madison WI 53714

April 16, 2025

1:30 pm - 7:00 pm | Local 113 Union Hall 6310 W Appleton Ave, Milwaukee WI 53210

To see the full list of our 2025 Events log into the MemberXg Portal at liunawisconsin.org/benefits and then click on 'Wellness Page'





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