

****PLEASE READ REGARDING 2023 WELLNESS YEAR**** The Wellness Program is not mandatory. However, Non-Medicare Active and Retired Participants and their spouses are encouraged to participate in the Wellness Program. If you do not meet the acceptable biometric ranges, you may complete telephonic coaching. All telephonic coaching for this period must begin no later than January 31, 2024, as the coaching must be completed no later than March 31, 2024. CMS may be contacted by calling 262-563-6460. It is your responsibility to plan your coaching sessions ahead of the completion date.

Eligible Participants and their spouses participating in the Wellness Program may choose one of the two incentive options, the Gift Card or the 2024 Deductible Waiver. Please note, only Active Participants and their spouses are eligible for the Deductible Waiver option and if you are married, both you and your spouse must participate and elect the Deductible Waiver option.

If you have participated in a Health Screening or submitted a form to your Primary Care Physician during the 4th Wellness Year of January 1, 2023 through December 31, 2023, you will not be eligible to attend another Health Screening during this period. If you are unsure if you and/or your spouse have health coverage at the time of an event, you should contact the Health Fund Office prior to scheduling an appointment on the web calendar.

- If you choose to have your biometrics performed with your Primary Care Physician (PCP), you MUST use the “Wellness Forms 2023” found on the website under Forms or you may contact the Health Fund Office.
- If you choose to have your biometric screening at an On-Site Wellness Event the Wellness Biometric Screening forms will be provided upon arrival. (OnSite locations, dates and times when determined can be found on the Notices mailed to you).

IMPORTANT: All biometric results performed during the period of January 1, 2023 through December 31, 2023 MUST be completed using the Primary Care Physician (PCP) Consent and Authorization forms. These forms MUST be submitted to CMS no later than January 31, 2024. CMS contact information can be found on the PCP form.